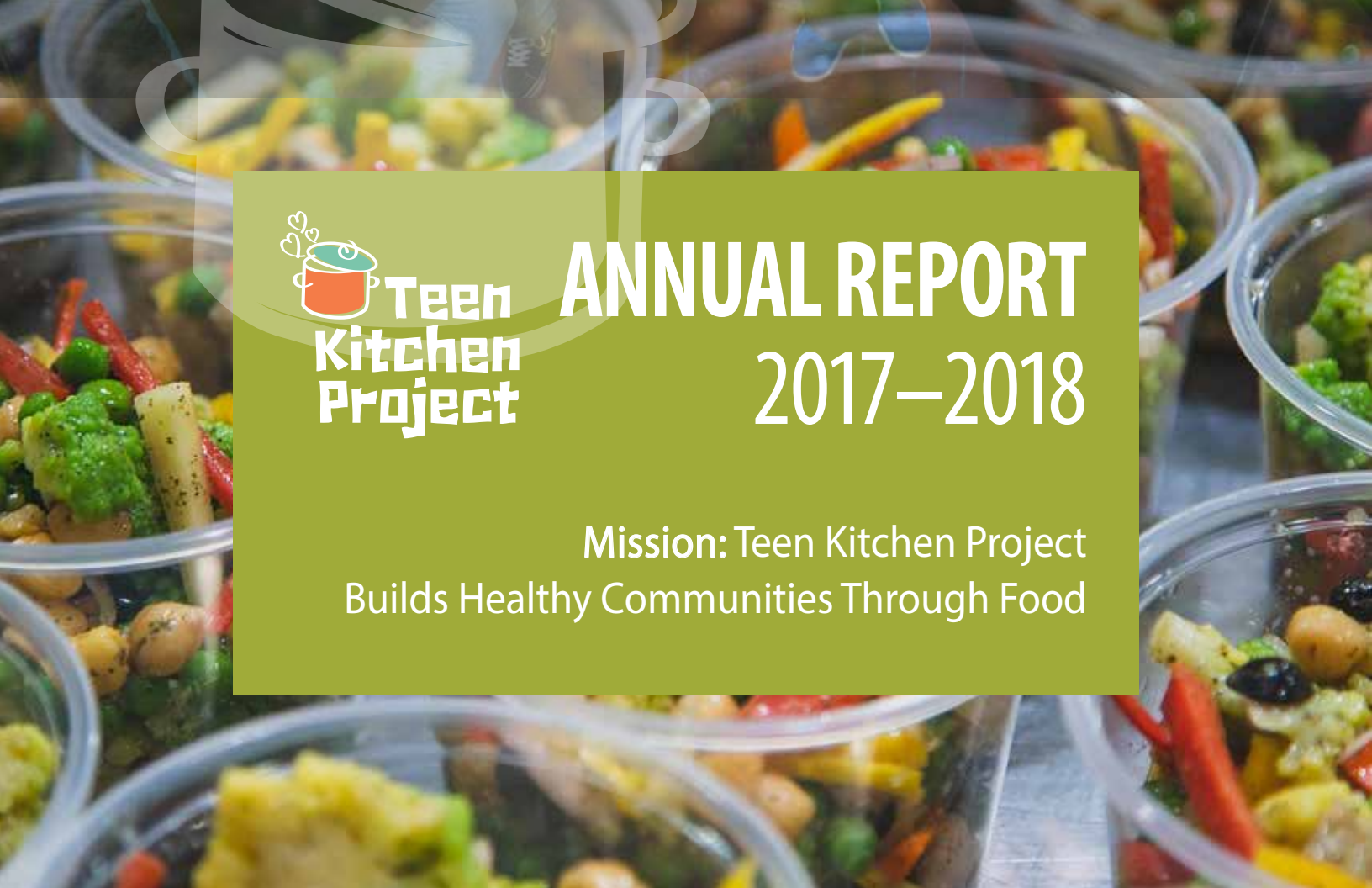


ANNUAL REPORT 2017–2018

Mission: Teen Kitchen Project
Builds Healthy Communities Through Food



LETTER FROM THE EXECUTIVE DIRECTOR

Dear Teen Kitchen Project Supporter,

In our 7th year of Teen Kitchen, we thank you for allowing TKP to grow in service to youth and those living with critical illness in Santa Cruz County.

2018 was a year of discovering balance with ensuring quality of services for clients and youth with a plan for long term sustainability for our client and youth programming. We hired two new staff and now have dedicated, experienced support for both our clients and volunteer adult and youth.

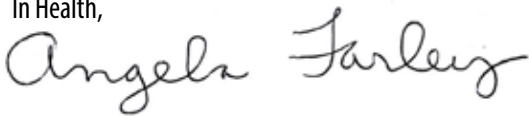
To maintain the integrity of our high quality meals, we are working with a registered dietitian to evaluate all recipes and we are offering “Medically Tailored Meals” for those living with the specific illnesses of COPD, Congestive Heart Failure, and Diabetes through a special pilot grant. Many recent studies suggest nutritional support allows for a faster recovery and lower health care costs and we are excited to show the impact of meal delivery service in the local community.

Our wonderful kitchen team continues to work with integrity with our youth to prepare high-quality meals prepared with love each week.

For years we have recognized that our volunteer teen program is mostly accessible to youth with available transportation and the time to volunteer. Our pilot program of offering youth in our Watsonville program a stipend after eight weeks of service-learning has been a huge success, with 99% of teens staying the entire 8 weeks of their session. After developing skills within the program, many of these youth continue working as youth leaders, in our catering program, or with supporting summer camps and cooking classes. We hope to offer more stipends in 2019 as well as continue to offer the volunteer option to youth who are interested.

Our team in catering and classes pulled in a record amount of funds through earned income, getting us close to our goal of 30% earned income by 2020. We have new menus on the website if you are interested in having us cater your office lunch or large event!

In Health,



Angela Farley



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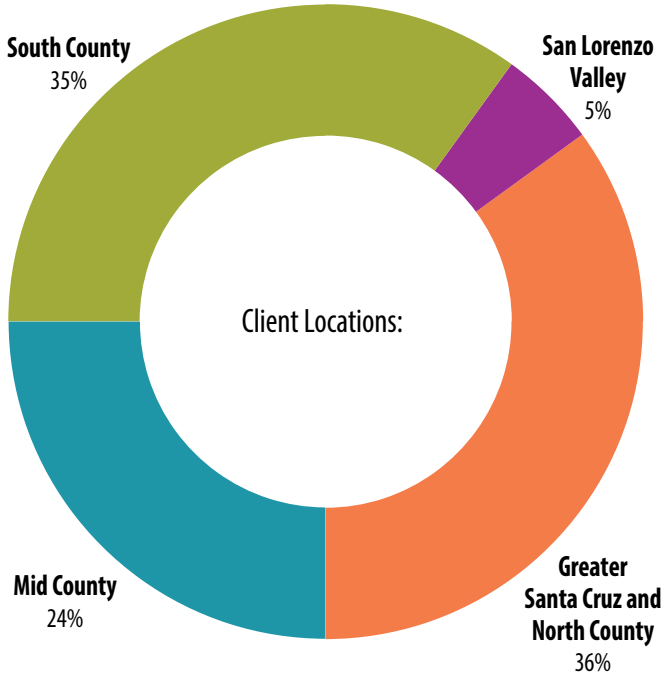
Lisa Finkelman-Smith

Matt Berardo

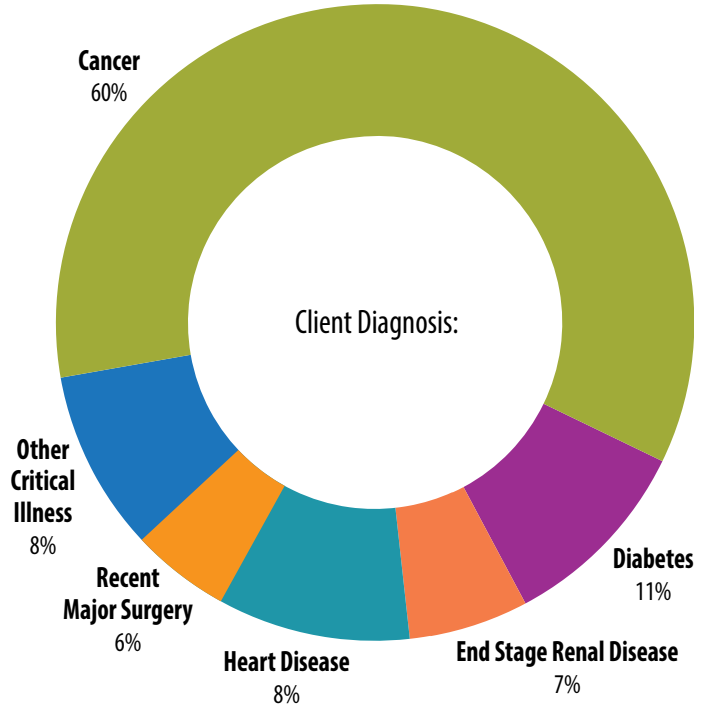
OUR CLIENTS

217 Clients received **38,032** nourishing meals during 2018.

We deliver meals to clients across Santa Cruz County:



Clients learn about us in a variety of ways, most often from their social worker. Here is a little more about the health challenges our clients typically face:



OUR VOLUNTEERS MAKE IT ALL POSSIBLE!

Volunteers served **9,928 hours** in 2018.



Value of Teen Kitchen Project Volunteer's Service Total:
\$291,423.62*

* This figure, estimated from data collected in 2017, shows the incredible contributions volunteers make to our communities and our country. Source: https://independentsector.org/resource/vovt_details/

TEENS SHARE WHAT THEY LIKED ABOUT SERVICE

"I think the best part about the TKP is that everything we were making was going for a good cause and I knew that we were helping people out and making a positive difference. I also really enjoyed the working environment. Everyone at the kitchen was very kind and has a very positive energy. All of the chefs were very helpful and were always guiding us when we needed help. It was also cool because I got to know the volunteers better and got to know new people. Also, I felt like I improved in my cooking skills a lot. I got to learn things from how to hold a knife to a bunch of new fun recipes. I was also motivated to start using healthier recipes because at the kitchen, we always used organic veggies and tried to cut down as much fat and sugar as we can."

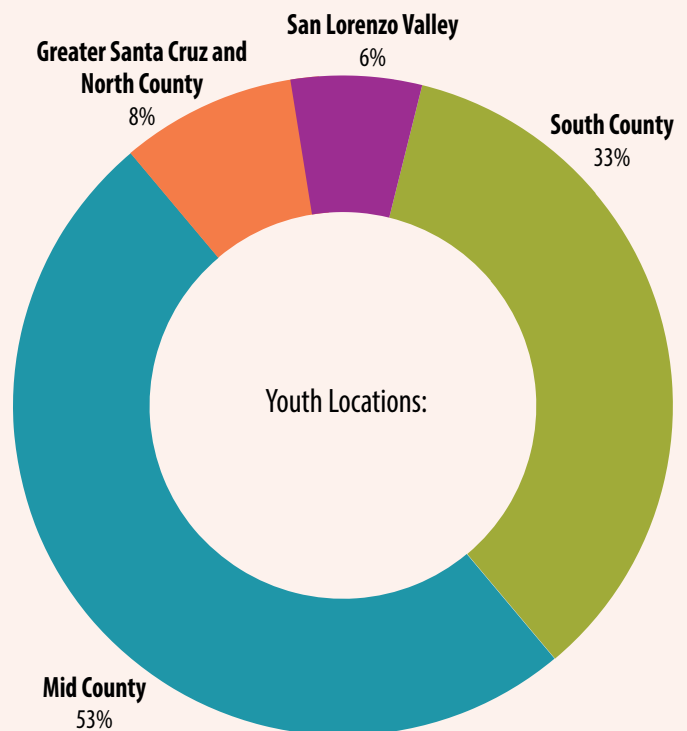
"Interacting with other people of a range of ages who enjoy cooking like I do, and who are compassionate and kind, is one of my favorite things about TKP."

"Things I liked doing at TKP was getting to work with teens and adults, working with food I'm not that familiar with, and learning new skills to use in the kitchen that I now use to cook at home."

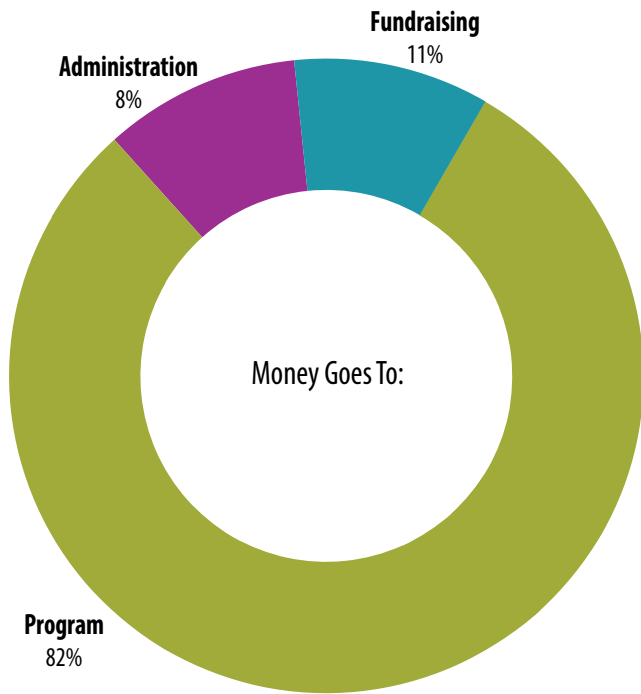
"Very supportive chefs and peers. Great recipes and great tips from chefs. Chefs never criticize only help to improve."



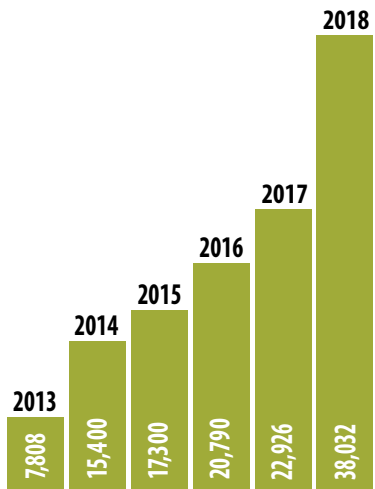
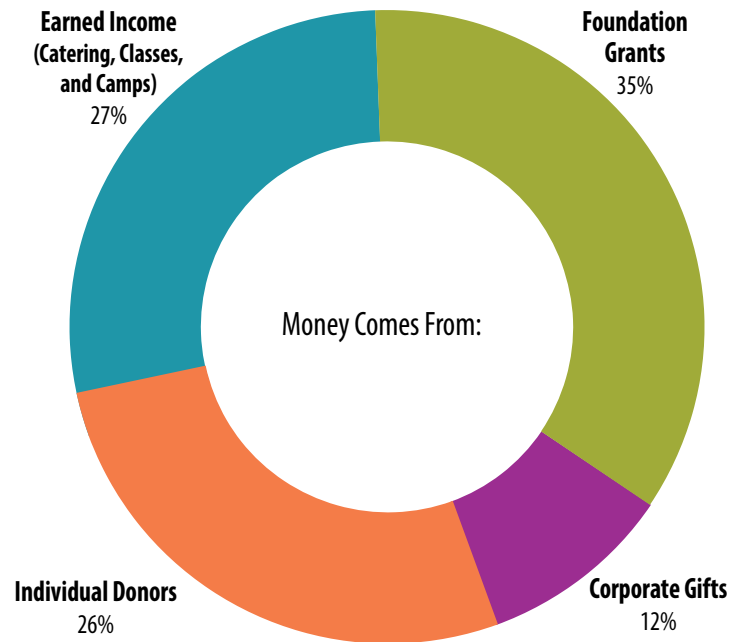
YOUTH FROM ACROSS SANTA CRUZ COUNTY SERVE AT TKP



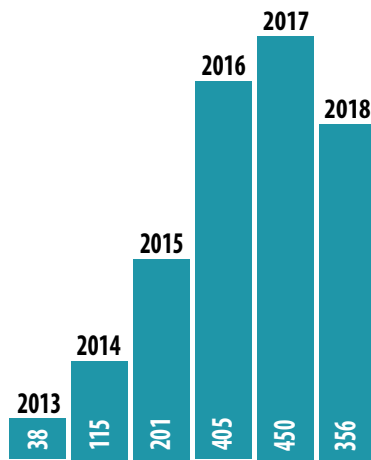
WHERE DOES THE MONEY GO?



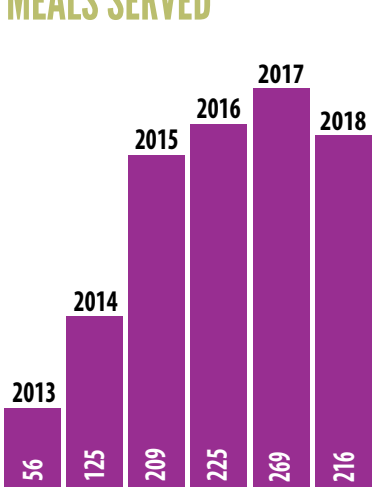
WHERE DOES THE MONEY COME FROM?



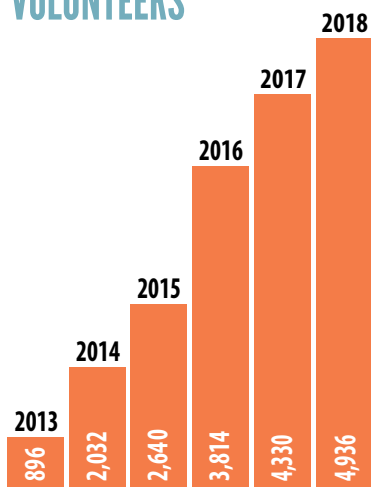
MEALS SERVED



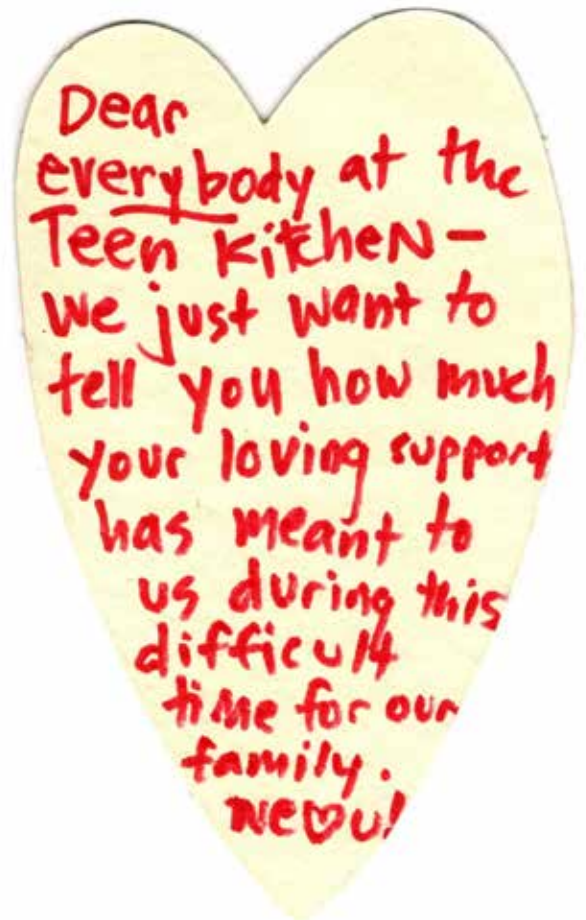
VOLUNTEERS



FAMILIES SERVED



TEEN HOURS



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for joining us in building a
healthier Santa Cruz County!